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9 IN THE UNITED STATES DISTRICT COURT
10 FOR THE DISTRICT OF OREGON

11 MICHELE NOYES,)
12 Plaintiff,) Civil No. 03-1651-HU
13 vs.)
14 JO ANNE BARNHART,) FINDINGS AND RECOMMENDATION
Commissioner of Social Security,)
15 Defendant.)
16 _____)

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28 HUBEL, Magistrate Judge:

1 - FINDINGS & RECOMMENDATION

1 Michele Noyes brought this action pursuant to Section 205(g)
2 of the Social Security Act (the Act), 42 U.S.C. § 405(g), to obtain
3 judicial review of a final decision of the Commissioner of the
4 Social Security Administration (Commissioner) denying her
5 application for disability insurance benefits.

6 **Procedural Background**

7 Ms. Noyes filed protectively on November 14, 2000 and on April
8 30, 2001. The applications were denied initially and upon
9 reconsideration. A hearing was held on November 21, 2002. On April
10 25, 2003, the Administrative Law Judge (ALJ), Riley J. Atkins,
11 issued a decision finding Ms. Noyes not disabled. The ALJ's
12 decision became that of the Commissioner after the Appeals Council
13 denied Ms. Noyes's request for review.

14 **Factual Background**

15 Born June 11, 1944, Ms. Noyes was 58 years old at the time of
16 the hearing. She has a high school education and an extensive work
17 history, including 20 years as a secretary and a briefer period as
18 a travel agent. She alleges disability since May 5, 1999, based
19 upon fibromyalgia, lumbar degenerative disc disease, depression,
20 interstitial cystitis, tendonitis, degenerative joint disease,
21 irritable bowel syndrome, and diverticulitis.

22 **Medical Evidence**

23 On March 20, 1995, Ms. Noyes was seen at Clackamas County
24 Mental Health Center for a psychiatric evaluation. Tr. 251-254. The
25 examiner was Bethany Rowland, psychiatric mental health nurse
26 practitioner. Ms. Noyes gave an extensive verbal history. There is
27 nothing to suggest Nurse Rowland had any records to verify this
28 history. Indeed, Ms. Rowland felt it would be very useful to have

1 medical and psychiatric records and verify her health status. It
2 does not appear this was done. Tr. 254. Ms. Noyes presented with
3 complaints of recurrent depression that had existed since her early
4 20s and had worsened over the previous few months. Tr. 251. Ms.
5 Noyes endorsed symptoms such as poor sleep with frequent awakening,
6 a variable appetite, decreased attention and concentration,
7 hopeless and helpless feelings, frequent episodes of crying,
8 decreased energy, anhedonia, irritability, anxiety with a racing
9 heart and occasional nocturnal awakenings in a panic state, and,
10 finally, suicidal ideation with a "vague plan either to shoot
11 herself, run her car off the road, or overdose." Tr. 251. Ms. Noyes
12 denied any intent to follow through with these thoughts. Id.

13 Ms. Rowland noted that Ms. Noyes reported being currently
14 under a "great deal of stress," including placing her 96-year-old
15 grandmother into a nursing home. Ms. Noyes reported that her
16 grandmother was resistant and that she felt guilty because although
17 she had cared for her grandmother for three years following a
18 stroke, it had become too difficult for Ms. Noyes to continue. Id.
19 In addition, Ms. Noyes's mother, "with whom she has a poor
20 relationship," was arriving from West Virginia to help with the
21 grandmother's placement. Ms. Rowland wrote, "This client feels a
22 tremendous amount of tension with her mother and is anticipating
23 problems." Id. Ms. Noyes reported that she was on the verge of
24 being left by her companion of over 20 years, unemployed, and
25 unable to work because of depression. Id.

26 Ms. Noyes reported one or two times in her life when she had
27 abused alcohol and street drugs. The first time was in 1973, when
28 she was 29, and was occasioned by the death of her father, to whom

1 she was very close, a total hysterectomy, and a divorce. Tr. 252.
2 At that time, she drank tequila to excess. Id. Ms. Noyes resumed
3 heavy drinking after the death of her son in a motor vehicle
4 accident, but she was able to stop drinking with the use of
5 transcendental meditation. Id. Ms. Rowland wrote, "In terms of
6 street drug use, she endorses using 'anything' because she was
7 constantly partying for several years following her divorce in
8 1973." Id. She denied any current drug use. Id.

9 Ms. Noyes stated that she had been hospitalized on several
10 occasions for depression, and had participated in several courses
11 of outpatient therapy. Tr. 252. The first hospitalization occurred
12 in Texas, where she was raised, when she was 20 years old and
13 overdosed on medication. Id. In 1978, she "may have been"
14 hospitalized for depression, after her son's death.¹ Ms. Noyes
15 stated that she was hospitalized at St. Vincent's again in 1985,
16 for depression, and in 1993, at age 48, she was voluntarily
17 admitted to Woodland Park Hospital for depression with suicidal
18 ideation. Id. She was seen at Clackamas County Mental Health
19 between 1990 and 1992, during which time she was given several
20 medication trials. Tr. 253.

21 Ms. Noyes said she had tried numerous antidepressants,
22 including Zoloft, Lithobid, Doxepin, Welbutrin, Pamelor, Trazadone,
23 Visteril, phenobarb, Tegretol, Imipramine, Navane, Calan, and
24 Benadryl. Tr. 253. She said none had been very successful, as they
25 made her feel either agitated or too sedated. Id.

26 Ms. Noyes said she had been married and divorced twice, both
27

28 ¹ It appears that Ms. Noyes's son was born in 1976. Tr. 207.

1 to men who were reportedly abusive and alcoholic. Tr. 253. She was
2 currently in a 20-year relationship with a partner, which was not
3 going well. Id. Ms. Rowland's diagnosis was major depression,
4 recurrent. Tr. 254.

5 On August 7, 1995, Ms. Noyes was seen by Howard Gandler, M.D.,
6 a rheumatologist, for steadily worsening fatigue of approximately
7 nine months' duration. Tr. 157. She complained of pain in her
8 knees, neck, back, shoulders, arms, hands, groin, thighs, knees,
9 calves, arches, feet, and toes. She also reported headaches which
10 paralleled the neck pain in intensity, and said she was "never
11 pain-free." Id. The pain was worst in the morning and at night, but
12 was never associated with swelling or redness. Id. Her sleep was
13 poor. Id.

14 Ms. Noyes reported that she had been on numerous
15 antidepressants and nonsteroidal anti-inflammatory drugs (NSAIDs)
16 in the past. Vicodin was effective for less than two hours. Heat
17 and ice were also ineffective. Id. She was continuing to see her
18 chiropractor for old low back pain. Id. Upon examination, she had
19 small joint tenderness, but no other evidence of arthritis, and
20 extensive soft tissue tenderness. Dr. Gandler observed that her
21 symptoms, along with the absence of positive laboratory results,
22 were most consistent with fibromyalgia. Tr. 158. While he concluded
23 that Ms. Noyes met the diagnostic criteria for fibromyalgia, he
24 failed to document that diagnosis in the record. Id. Dr. Gandler
25 thought it possible that Ms. Noyes's symptoms were caused by
26 depression, although he questioned it. He thought it worth
27 investigating, however. Id. Dr. Gandler ordered some tests, wanted
28 her records to review, and suggested a fibromyalgia support group.

1 Id. Ms. Noyes has not submitted records indicating whether the
2 testing was done, the records obtained, or the support group
3 attended. There is a gap of 4 ½ years in the medical records.

4 On February 23, 2000, Ms. Noyes was examined at Oregon Health
5 Sciences University (OHSU) by Atul Deodhar, M.D., another
6 rheumatologist, on referral from Dr. Hendin. Tr. 272-74. There are
7 no records from Dr. Hendin. Ms. Noyes complained of generalized
8 aches and pains starting in 1994. Tr. 272. At that time she lost 10
9 pounds over a one year period and was diagnosed with diverticulitis
10 and irritable bowel syndrome, confirmed by upper and lower GI
11 endoscopy. Id. Dr. Deodhar noted that Dr. Gandler had treated Ms.
12 Noyes for fibromyalgia with Neurontin, NSAIDs, and other
13 medications. Id. There are no records of this treatment, or
14 confirmation from Dr. Gandler.

15 Ms. Noyes reported that over the past two years her aches and
16 pains had further worsened, and said she had palpitations,
17 depression, and sleep disturbances. Id. She said she was unable to
18 eat sugar, milk, and beef products because they give her abdominal
19 pain, nausea and diarrhea. Dr. Deodhar noted that Ms. Noyes
20 reported a great deal of situational stress during the previous
21 eight or nine years, including caring for her grandmother, the
22 death of her grandmother, litigation with her mother over the
23 grandmother's estate, and breaking up with her companion of 25
24 years. Id.

25 Review of systems was significant for chest wall pain,
26 frequent headaches, muscle weakness, muscle pain, depressed moods,
27 anxiety, excessive fatigue, poor sleep pattern, and fatigue upon
28 awakening. Tr. 273. She also reported crampy abdominal pain and

1 diarrhea, urinary tract problems, and difficulties with memory and
2 comprehension. Id.

3 Upon examination she appeared "very depressed and subdued."
4 Id. Dr. Deodhar described her as "very thin," with a weight of 124.
5 Id. She had a goiter that was soft and non-nodular, with a smooth
6 surface; it was mildly tender. Id. She reported that she had been
7 seen in the past by an endocrinologist. She had 16 out of 18 tender
8 points of fibromyalgia, as well as some nodal osteoarthritis. Id.
9 Although she had full range of movement in the joints, she had
10 hypermobility with 15 degrees of extra extension possible at the
11 elbows. Id. There was some tenderness in bilateral iliac fossas
12 suggestive of irritable bowel syndrome. Id.

13 Dr. Deodhar diagnosed fibromyalgia, depression, nodal
14 osteoarthritis, and benign goiter. Tr. 273-74. He discussed with
15 Ms. Noyes fibromyalgia treatment strategies, such as physical
16 therapy, occupational therapy, psychotherapy, trigger point
17 injections, and drug therapy, telling her that physical and
18 occupational therapy are an integral part of the treatment of
19 fibromyalgia. Tr. 274. There is some evidence that Ms. Noyes
20 followed through with physical and occupational therapy in 2001.
21 Tr. 168-77.

22 Dr. Noyes also recommended that she see Carol Burckhardt,
23 R.N., Ph.D.,² a mental health nurse practitioner, for her
24 depression and anxiety, "which are clearly fueling her
25 fibromyalgia." Id. Dr. Deodhar ordered x-rays of her low back and
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27
28 ²Ms. Burckhardt's Ph.D is in nursing and she is a professor.
Tr. 189, 274.

1 pelvis and blood tests to rule out any other inflammatory arthritis
2 or significant degenerative arthritis; he also suggested that she
3 see an endocrinologist for further investigation of the goiter. Id.
4 An MRI taken that day showed moderate degenerative disc disease at
5 L1-2 and L5-S1 and degenerative facet joint sclerosis. Tr. 183.

6 On March 16, 2000, Ms. Noyes saw Ms. Burckhardt. Ms.
7 Burckhardt recorded that Ms. Noyes's problems included lack of
8 social support, multiple unresolved losses, persistent, unrelieved
9 pain, and depressed mood. Tr. 191. Ms. Noyes reported that she had
10 moved to the beach two years previously, although she did not want
11 to move and gave up a good job. Tr. 190. Ms. Noyes reported
12 attending restorative yoga sessions twice a week and walking. Tr.
13 191. Ms. Burckhardt's diagnosis was adjustment disorder with mixed
14 emotional features due to breakup of relationship. Id. The
15 treatment plan discussed at that time was better pain control,
16 trying to find a newer antidepressant, and giving herself "time to
17 come to grips with finality of relationship breakup before
18 decid[ing] what to do next." Id.

19 Ms. Noyes filled out a Fibromyalgia Impact Questionnaire on
20 March 16, 2000, apparently for Ms. Burckhardt. Tr. 192-93. Ms.
21 Noyes did not identify any activity that she was not normally able
22 to do except yard work. Tr. 192. Over the previous week, she
23 reported being able to visit friends or relatives "most times" and
24 being able to shop, wash dishes by hand, and walk several blocks
25 frequently. Id. She also endorsed very severe pain, feeling very
26 tired, awaking very tired feeling very stiff, very anxious, and
27 very depressed. Tr. 191.

28 Ms. Noyes was seen by Martin M. Klos, M.D., a pain specialist,

1 on April 11, 2000. Tr. 201. Her chief complaint was low back pain,
2 but she also complained of pain and stiffness over the back, neck,
3 shoulders and head. Id. Ms. Noyes told Dr. Klos that standing,
4 sitting and exercise worsened her low back pain, and that heat,
5 massage, meditation, yoga and pain medication made it better. Id.
6 Dr. Klos wanted to see Ms. Noyes's records from Dr. Hendin, Tr.
7 200, but there is no indication that he ever got those records.

8 Dr. Klos's behavioral assessment was that Ms. Noyes's mood,
9 interest level, energy, and spirits were low; that her sleep
10 pattern showed dysomnia; that she had suicidal ideation; and that
11 her memory was good for time, place, person, event, past, names and
12 numbers. Tr. 203.

13 Various tests for assessing cervical pain were positive. Tr.
14 204-05. Eighteen out of eighteen tender points were positive for
15 pain. Tr. 205-06. Dr. Klos discussed with Ms. Noyes the evidence of
16 degenerative disc disease in the lumbar and cervical spine and of
17 secondary fibromyalgia. Tr. 206. Dr. Klos's diagnoses were
18 cervicalgia, degeneration of lumbar or lumbosacral intervertebral
19 disc, and myofascial pain syndrome. He recommended that she change
20 medication to Norco for pain control, continue with physical
21 therapy, and consider spiritual counseling. Id.

22 On May 2, 2000, Ms. Noyes saw Dr. Deodhar again. Tr. 181. Her
23 primary complaints were depression and fibromyalgia. Id. She
24 related that she lived alone in Lincoln City and had no social
25 support, no employment, and no local friends. Id. Since her last
26 visit, she had undergone physical and occupational therapy
27 assessments and learned strategies for relieving stress. Id. Upon
28 examination, her weight was 125 pounds. Musculoskeletal examination

1 showed "fairly good" range of motion in the shoulders, neck, hips,
2 knees and ankles. She had no evidence of inflammatory arthritis.
3 Id.

4 Ms. Noyes was seen by Dr. Deodhar on July 20, 2000 for
5 fibromyalgia, depression and a possible thyroid adenoma. Tr. 179.
6 Dr. Deodhar noted that she had a small nodular lesion in the left
7 lobe of the thyroid which was cystic, and that she would be
8 undergoing a biopsy and aspiration of this lesion soon. Id. Her
9 weight was 120.6 Id. Current medications were oxycodone, Ambien,
10 and Klonopin. Ms. Noyes reported she wanted to find a job as soon
11 as possible. She was doing a special type of yoga she learned in
12 Hawaii. Tr. 179. Upon examination, she had 13 out of 18 tender
13 points of fibromyalgia and was also tender on the spinous processes
14 in the thoracic and cervical spine. Id. She had no evidence of
15 inflammatory synovitis in any of her joints and had normal joint
16 movements. Id. Dr. Deodhar added Celexa to her drug regimen. Id.

17 Ms. Burckhardt's treatment notes for September 14, 2000,
18 record that Ms. Noyes described depressive feelings, crying,
19 inability to get motivated, and anger. Tr. 188. She reported
20 suicidal thoughts, but no plan and said she had "felt this way
21 after son's death several years ago." Id. Ms. Burckhardt wrote that
22 Ms. Noyes's affect was "very lonely, depressive symptoms
23 prominent." Ms. Burckhardt revised her diagnosis to major
24 depressive disorder and prescribed Celexa. Id.

25 _____Ms. Noyes returned later in the month describing severe side
26 effects from Celexa including nausea, dizziness, and feelings of
27 dissociation. Id. Ms. Burckhardt noted that Ms. Noyes "has felt
28 immobilized - not able to contact temp agencies although she thinks

1 getting a job is a first priority." Id. Ms. Burckhardt observed
2 that she was tearful at times, but able to concentrate on the
3 conversation. Id.

4 Ms. Noyes saw Dr. Deodhar on September 21, 2000. Tr. 178. Dr.
5 Deodhar noted that she was taking high doses of oxycodone and
6 Norco, and that the pain clinic doctor had recently put her on
7 morphine. Id. However, Dr. Deodhar observed, "Despite being on
8 high doses of narcotic analgesics, she is now still having a lot of
9 pain, and I have warned her that these drugs do produce dependence
10 [and] ... tolerance." Id. Upon examination, Ms. Noyes's weight was
11 116.2. She had evidence of fibromyalgia with multiple tender
12 points, but without swelling or synovitis.

13 On October 5, 2000, Ms. Noyes saw Ms. Burckhardt, who found
14 her "smiling more today," with "depressive symptoms somewhat
15 decreased." Tr. 188. On October 19, 2000, Ms. Noyes reported to Ms.
16 Burckhardt being "very stressed and tired" because she had been
17 doing "temp agency testing all week." Tr. 187. She said she was
18 very worried about finding a job and running out of health
19 insurance, and angry at her ex-partner. Id. Ms. Noyes said she was
20 able to motivate herself to get up and job hunt, and that she was
21 working with an occupational therapist on job-related skills. Id.

22 On October 23, 2000, Dr. Klos noted that a dexterity test
23 given to Ms. Noyes at Vocational Rehabilitation had set off wrist
24 pain. Tr. 197. Upon examination, she had positive Tinel's sign on
25 the left and positive Phalen's test,³ as well as decreased range of

27 ³ Tinel's sign and Phalen's test are used to make a
28 diagnosis of carpal tunnel syndrome. Phalen's test is done by
pushing the backs of the hands together to compress the carpal

1 motion of the neck in all directions. Id.

2 On December 7, 2000, Ms. Noyes reported to Ms. Burckhardt that
3 she had had a full-time job in data entry for two weeks, but quit
4 because she couldn't tolerate sitting at a computer all day and
5 could not do it full-time. Id. Ms. Burckhardt wrote that Ms. Noyes
6 had "applied for several more jobs but worries about being able to
7 work more than part-time." Id. She was "expressing feelings of
8 great loneliness, sadness, tearful during session." Id.

9 On January 5, 2001, Ms. Noyes reported to Ms. Burckhardt that
10 the holidays had been difficult. Ms. Burckhardt wrote, "Affect is
11 very flat, little motivation to talk about new possibilities. Is
12 doing work rehab and looking at jobs. Has two interviews
13 scheduled." Ms. Burckhardt noted, "Depressive symptoms prominent
14 now but related to grieving process around end of relationship."
15 Id.

16 On January 29, 2001, Dr. Klos wrote that he had discussed with
17 Ms. Noyes the possibility of a surgical procedure for her back. Tr.
18 196. Tr. 196. He noted that analgesics were not "covering all
19 pain," but that they had made Ms. Noyes more functional.

20 On February 2, 2001, Ms. Noyes reported to Ms. Burckhardt that
21 she had a job interview the next day, about which she was "feeling
22 positive." Tr. 187. Her mood was more positive and hopeful and she
23 described a man she had met in November. Id. Her depressive
24 symptoms were "much decreased." Id.

25 _____
26 tunnel. Tinel's sign is elicited by tapping the median nerve
27 along its course in the wrist to determine whether it causes
28 pain, tingling or numbness in the fingers. See SH Kuschner et
al., Tinel's Sign and Phalen's Test in Carpal Tunnel Syndrome, 11
Orthopedics 1297-302 (1992).

1 On March 30, 2001, Ms. Noyes began working with a consultant
2 from Workforce Dynamics, Denise Arvidson, to assist in job
3 placement activities. Tr. 74. Ms. Arvidson reported that Ms. Noyes
4 had attended an orientation and completed the paper work to work
5 with Goodwill Staffing Services, but declined the opportunity to
6 work as a concierge at a federal building downtown through Portland
7 Habilitation Center because it was "not a job with which she would
8 feel comfortable." Id. She also declined to follow up on a retail
9 merchandiser position that involved working the night shift,
10 because of her problems with insomnia. Id. She interviewed for a
11 job with Clark Craft Warehouse for a floral designer position, but
12 was not hired. She did not apply for a position as a sales
13 associate at the Craft Warehouse because it required being on her
14 feet all day and working weekends. Id.

15 Ms. Arvidson reported that Ms. Noyes contacted first Unitarian
16 Church, Choctaw Management, Cybersight, Adidas, National Relief
17 Charity, Multnomah County Sheriff's Office, Susan Komen Breast
18 Cancer Association, Harley-Davidson, Lewis & Clark College, Hertz
19 Corporation, Oregon Education Association, Poppy Box Gardens,
20 Colette Tours, Bethany Village, Rose Quarter, U.S. Courts, Art
21 Institute of Portland, Blount Industries, Northwest Regional Lab,
22 Oregon Arena Corporation, Oregon Historical Society, Triangle
23 Travel, Davis & Bangleas PC, McMenamins, and a bankruptcy lawyer.
24 Ms. Arvidson wrote, "Michelle is being selective about the types of
25 jobs for which she is willing to apply. She is seeking part-time,
26 approximately 30 hours a week, and would like to work in a creative
27 artistic environment and preferably would like to earn a minimum of
28 \$10.00 an hour." Id.

1 On April 17, Ms. Arvidson reported that Ms. Noyes had worked
2 one day for Goodwill Industries and had two interviews for clerical
3 positions with Beaverton Chiropractic and a national charity. Tr.
4 73. She was at that time working nine days as a movie extra,
5 earning \$50 per day. The consultant had given her information and
6 an application for a data entry position from the home with Scan
7 One Network, and the consultant reported that Ms. Noyes was "quite
8 excited about this." Ms. Noyes thought she could work at two part-
9 time jobs, one at home such as data entry and one outside the home,
10 because data entry at home "would not be a problem as she could
11 take frequent breaks."

12 On April 21, 2001, Ms. Arvidson reported that Ms. Noyes had
13 obtained a clerical position with National Relief Charities and
14 would be starting work on May 1. The hours were 16-18 hours per
15 week, at a wage of \$10 per hour. Tr. 71. She had also completed an
16 application for an at-home data entry position. Id. Ms. Arvidson
17 also suggested that Ms. Noyes consider taking a class in medical
18 terminology so that she could work for a medical transcription firm
19 on an independent contractor basis. Id.

20 Ms. Arvidson arranged an interview for Ms. Noyes at Beaverton
21 Chiropractic, for a part-time reception position. She also
22 contacted a number of other potential employers. Id.

23 On April 24, 2001, Ms. Noyes reported to Dr. Klos that she was
24 working 16 hours a week doing payroll and bookkeeping, but was
25 experiencing high pain levels and had had a flare in pain the
26 previous week. Tr. 195. Most of the pain was in her back and neck,
27 with peripheral myofascial pain. Id.

28 An MRI done on May 9, 2001, showed mild lumbar dextroscoliosis

1 with L5-S1 degenerative disc disease, mild right neuroforaminal
2 stenosis and right lateral recess stenosis and two liver lesions.
3 Tr. 166-67.

4 On May 15, 2001, Sue Ferguson of Workplace Dynamics reported
5 on an evaluation of ergonomic needs for Ms. Noyes at her employer's
6 office. Tr. 70. She recommended a wrist rest, a stand-up document
7 holder, and a tilt-adjustable footrest. Id. However, Ms. Ferguson
8 thought her chair did not fit her physique. Id.

9 On May 16, Ms. Ferguson wrote a follow-up letter about Ms.
10 Noyes's ergonomic needs at work. Tr. 67. She reported that Ms.
11 Noyes was working three days a week for a total of approximately 20
12 hours a week. Ms. Ferguson repeated her views that Ms. Noyes
13 required a wrist rest, a document holder, and a footrest, and
14 stated her opinion that the chair Ms. Noyes was using did not
15 provide sufficient lumbar and cervical support and there were no
16 other chairs available to her. Id.

17 On June 17, 2001, Ms. Noyes presented at the emergency room
18 for evaluation of depression and for complaints of chest pain and
19 chronic abdominal pain. Tr. 185. Examination was normal. Id.

20 In August 2001, Social Security consultant, Martin Lahr, M.D.,
21 a pediatrician, and Linda Jensen, M.D., a physical medicine
22 specialist, performed a records review. They agreed with diagnoses
23 of fibromyalgia and degenerative disc disease at L5-S1, but found
24 only minor physical limitations and no psychological or mental
25 limitations. Tr. 225-236. They concluded that Ms. Noyes had the
26 ability to lift 20 pounds occasionally and 10 pounds frequently; to
27 stand about six hours and sit about six hours out of an eight-hour
28 workday; climb, balance, stoop, kneel crouch and crawl

1 occasionally; and be exposed to any work environment except extreme
2 cold. They noted,

3 Indications are the c/o [complaints] are affected by
4 break-up of relationship, lack of work and depression.
5 Her c/o are more severe than what she actually states she
6 does on fibromyalgia questionnaire on 3/00. She notes she
 occasionally does laundry, prepares meals, vacuums, makes
 the bed. She visits friends, does shopping, walks on the
 beach, takes yoga and attends PT and OT.

7 Tr. 231.

8 On August 15, 2001, Dick Wimmers, Ph.D., a psychologist,
9 performed a records review assessment for the period April 1, 2000
10 to September 30, 2000. Tr. 212-225. Dr. Wimmers completed a form
11 entitled "Psychiatric Review Technique," checking boxes under the
12 heading "Medical Disposition" that were labeled "Coexisting
13 Nonmental Impairment(s) that Requires Referral to Another Medical
14 Specialty" and "Insufficient Evidence."

15 Under the heading "Category(ies) Upon Which the Medical
16 Disposition is Based:" Dr. Wimmers checked a box labeled "Affective
17 Disorders" and wrote next to it, "adjustment d/o with mixed
18 emotional features." Tr. 212. The other 13 pages of the form were
19 left blank. Dr. Wimmers's findings were affirmed as written by
20 Peter LeBray, Ph.D. Tr. 212.

21 On August 22, 2001, Ms. Noyes was seen by Dr. Klos, to review
22 pain relief medications. Tr. 194. Ms. Noyes told Dr. Klos her pain
23 was worse, but she wanted to decrease, and eventually stop, the
24 morphine she was receiving through the Duragesic patch. Id. They
25 discussed substituting methadone, but it was decided to substitute
26 oxycontin. Id.

27 On December 4, 2001, Ms. Noyes consulted MaryJane Munger,
28 Licensed Professional Counselor. Ms. Noyes complained of chronic

1 depression, with symptoms of lack of motivation, tearfulness,
2 insomnia, suicidal ideation, decreased appetite, and memory lapses.
3 Tr. 240. Ms. Munger observed that Ms. Noyes's appearance was
4 slumped and her psychomotor activity retarded. Her affect was
5 restricted. Id. Ms. Noyes reported four previous hospitalizations
6 for depression and suicidal ideation, with the most recent
7 hospitalization being in 1995. Tr. 241. Ms. Munger recommended
8 individual therapy to address depression, pain management skills,
9 and grief and loss issues. Id.

10 On December 19, 2001, Ms. Noyes was given a psychological
11 evaluation by Rory F. Richardson, Ph.D. Tr. 207-211. Her presenting
12 problem was depression, pain all over her body, and loss of
13 appetite. Tr. 207. Ms. Noyes reported that she had "problems back
14 in her 20s," relating to the loss of her father, hysterectomy and
15 a divorce, all in the same year. Id. Ms. Noyes said she had
16 suffered from severe depression, suicidal tendencies, and "had
17 problems several times with issues relating to her son." Id. She
18 said he had been hospitalized in the 1970s in Houston, Texas, again
19 in 1978 at St. Vincent's Hospital and again in 1985. She was also
20 hospitalized in 1993 at Woodland Park Hospital. Id. She had been in
21 counseling at Clackamas County Mental Health and with various
22 counselors throughout the years, being currently in counseling with
23 Mary Jane Munger. Id.

24 _____ Ms. Noyes said her father had been in the military and her
25 parents were gone a great deal, so that she was sent to live with
26 grandmothers at various times. Id. Discipline within the family was
27 "very strict," with verbal and physical abuse by her mother, the
28 latter consisting of "locking her in the bathroom for hours on

1 end." Id. She also reported some learning problems. Id. She
2 reported that during her childhood, her mother had numerous affairs
3 and "there was a great deal of yelling between her mother and her
4 father during childhood years." Id. Ms. Noyes reported being
5 married and divorced twice, and having two children, a daughter and
6 a deceased son. Id.

7 Mental status examination revealed psychomotor movements
8 suggestive of fatigue with mild grimacing indicating some specific
9 joint pain and difficulty with movement. Tr. 209. Overall
10 psychomotor movement was relatively limited with indicators
11 suggestive of chronic pain. Id. She performed serial sevens with
12 substantial difficulty and was able to remember only two of four
13 unrelated words over a five-minute period. Id. Affect appeared to
14 suggest fatigue and depression, with the depression appearing to be
15 relatively chronic. Id.

16 Dr. Richardson administered several diagnostic tests. The Wide
17 Range Achievement Test (WRAT) showed reading and spelling at post-
18 high school level, and arithmetic at fifth grade level. Id. T h e
19 Wechsler Adult Intelligence Scale III (WAIS-III) showed average
20 full-scale IQ. The Minnesota Multiphasic Personality Inventory-2
21 (MMPI-2) showed a valid profile. Tr. 210. The level of depression
22 was severe. Id. There was specific notation suggestive of
23 concomitant obsessive-compulsive symptomatology with intense
24 rumination. Social isolation was also noted. Her level of anxiety
25 was severe. Id. Her level of mood disturbance appeared to be severe
26 enough to interfere with work. Id. Interference in family and
27 social interaction was also noted with indicators of social
28 discomfort and low self-esteem. Id.

1 Dr. Richardson concluded, "The responsiveness to treatment is
2 questionable in that there are several negative treatment
3 indicators noted. In reference to personality patterns, passive-
4 aggressive and schizotypal personality traits were noted along with
5 avoidant and schizoid patterns." Id.

6 Dr. Richardson thought testing indicated posttraumatic stress
7 symptomatology. Id. He thought her level of depression was "severe
8 enough that it is unlikely that she would be able to effectively
9 function within the workplace during this time." Id. He also found
10 substantial indications of "ruminating over issues and a
11 concomitant anxiety disorder most likely congruent with obsessive-
12 compulsive patterns." Id.

13 Dr. Richardson's Axis I diagnoses were: major depressive
14 disorder, recurrent, severe without psychotic features; anxiety
15 disorder, Not Otherwise Specified (NOS), Dyssomnia, NOS, and pain
16 disorder associated with psychological factors and a general
17 medical condition. Tr. 211. He also diagnosed passive-aggressive
18 and isolative traits. Id. He assessed her Global Assessment of
19 Functioning (GAF) at 30. Id.⁴

20 On January 2, 2002, Dr. Richardson completed a form generated
21 by the State of Oregon called Rating of Impairment Severity. Tr.
22 237. He noted that Ms. Noyes had "marked" restrictions in
23 activities of daily living, "moderate" restrictions in social
24

25 ⁴ The GAF scale assesses psychological, social and
26 occupational functioning on a hypothetical continuum of mental
27 health - illness. A GAF between 21 and 30 indicates serious
28 impairment in communication or judgment or inability to function
in almost all areas. Diagnostic and Statistical Manual of Mental
Disorders (DSM-IV), 4th ed. Text Revision, p. 34.

1 functioning, "frequent" deficiencies of concentration, persistence
2 and pace, and "frequent" episodes of deterioration in work and
3 work-like settings. Tr. 237-38. In a statement that should be
4 accorded the weight of a reviewing doctor's opinion, he further
5 stated that he estimated the date of onset "between 1970s and 1985
6 with continued impair[ment]," and that he expected the condition to
7 last at least 12 months. Tr. 238. In his opinion, her prognosis was
8 "guarded." Id.

9 On March 20, 2002, Myra Thompson, Family Nurse Practitioner,
10 recorded that Ms. Noyes's regular medication regimen included a
11 Duragesic patch, 100 mg; Norco; Ambien for insomnia; Marinol for
12 nausea; and Soma. Tr. 242.

13 On November 4, 2002, Dr. Klos wrote that he had been treating
14 Ms. Noyes since April 2000, seeing her every three months. Tr. 247.
15 He related that Ms. Noyes had come to him with complaints of pain
16 and stiffness in her low back, neck and shoulders, and that her
17 current diagnoses were cervicalgia and probable degenerative disc
18 disease in the cervical spine, degeneration of the lumbar
19 intervertebral disc, and myofascial pain syndrome. Id. He opined
20 that her conditions were "bad enough to contribute to a chronic
21 pain syndrome, but not severe enough to warrant surgery." Id. Dr.
22 Klos stated further that Ms. Noyes had been compliant with
23 treatment and that she was "very credible in her complaints." Id.
24 Dr. Klos felt that "the overwhelming problems for her come from her
25 disease process, not her treatment." Id. In Dr. Klos's opinion, Ms.
26 Noyes' next 12 months would consist of "continued back, neck and
27 body pain," and he expected her to need to continue pain medication
28 in order to perform activities of daily living. Id.

1 He stated that she would have "trouble lifting and carrying
2 articles over 10 pounds in weight regularly," and that he had
3 recommended that she change position frequently throughout the day,
4 at least every 20 minutes. Tr. 248. Dr. Klos added that because of
5 her sleep problems, all of Ms. Noyes' bodily and mental functions
6 were affected, and this, along with depression, caused her to have
7 decreased performance. Id. In his opinion, medication reduced her
8 pain approximately 25 to 50%, which meant that the "patient
9 continues to deal with a very high pain load, continually
10 marshaling [her] dwindling mental resources just to get through the
11 day." Id.

12 **Hearing Testimony**

13 Ms. Noyes testified at the hearing that Dr. Klos started her
14 on pain medications immediately after her first visit in April
15 2000, tr. 298, but that he changed them often because "nothing
16 seemed to work." Tr. 299. She testified that during that time,
17 sitting for more than 15 minutes, standing and lifting made her
18 pain worse. Tr. 300. She said that her pain levels have not
19 improved since April 2000. Tr. 301. Ms. Noyes said that in April
20 2000, she was unable to vacuum, mop, sweep, or do laundry without
21 assistance. Tr. 304. She was, however, able to go to the grocery
22 store. Id. She testified that Dr. Deodhar had recommended Carol
23 Burckhardt as a therapist. Tr. 308. The record reveals the referral
24 was made because mental health issues were thought to be causally
25 related to her fibromyalgia complaints. Tr. 274.

26 Ms. Noyes related several unsuccessful work attempts,
27 including one day as a secretary, a part-time administrative
28 assistant job with National Relief Charities that lasted

1 approximately three months, and a data entry job that lasted about
2 two weeks, and which she was unable to do because of pain in her
3 hands and wrists. Tr. 315-18.

4 The ALJ called a vocational expert (VE) Susan Burkett. Tr.
5 325. The ALJ asked her to consider a claimant with the residual
6 functional capacity "as recited in Exhibit 9F (i.e., the findings
7 of Doctors Lahr and Jensen). Tr. 333. The VE opined that such a
8 person could return to her former work as a general office clerk,
9 a semiskilled job involving light exertion. Tr. 336-337. The ALJ
10 then asked about a claimant who "should avoid highly stressful,
11 pressured work," tr. 336, who "should not be required to make
12 substantial judgment decisions on the job, and should not be
13 required to have repeated public contact." Tr. 339. The VE
14 responded that this would preclude employment as a general clerk,
15 because a general clerk is required to make "judgment calls." Tr.
16 339. The ALJ then amended his hypothetical to limitations on the
17 ability to make "policy decisions," and "executive decisions," and
18 the VE opined that such limitations would not preclude work as a
19 clerk. Tr. 340-41.

20 Upon cross examination, the VE testified that a person who was
21 required to be absent from the workplace an average of two or more
22 days a month could not sustain employment. Tr. 341.

23 Ms. Noyes's attorney asked the VE to consider a person 56
24 years old with a high school education and Ms. Noyes's past
25 relevant work experience who was able to do arithmetic at the fifth
26 grade level, could lift no more than ten pounds and only five
27 pounds frequently, able to have only limited interaction with the
28 public, co-workers and supervisors, and whose ability to

1 concentrate was deteriorating. The attorney asked the VE
2 additionally to consider someone who needed to get up and move
3 around at will. Tr 342-45. The VE was unable to answer the question
4 because the amount of moving around in a general clerk's job was
5 too variable. Tr. 345. Ms. Noyes's attorney inquired whether in her
6 previous clerical jobs, Ms. Noyes had been able to move around; she
7 answered that she was essentially "behind a desk." Tr. 345. The
8 VE's testimony in response to her counsel's questions neither
9 helped nor hurt Ms. Noyes's case.

10 **ALJ's Decision**

11 The ALJ found that Ms. Noyes's impairments included
12 fibromyalgia, lumbar degenerative disc disease and "an adjustment
13 disorder versus depression (due to breakup of relationship(s)
14 during her insured period)." Tr. 24. He found further that Ms.
15 Noyes had been diagnosed with fibromyalgia in 1995, "thus showing
16 she has carried this diagnosis for a long period of time." Tr. 28.
17 The ALJ found that these impairments, in combination, were "severe"
18 and "caused significant vocationally relevant limitations prior to
19 her date last insured." Tr. 24.

20 The ALJ's finding that Ms. Noyes had an adjustment disorder
21 was based on the opinion of a reviewing psychologist, Dick Wimmers,
22 dated August 2001 and based on an assessment of her records from
23 April 2000 to September 2000. Tr. 212. The ALJ rejected Dr.
24 Richardson's findings and diagnoses because his evaluation occurred
25 more than a year after Ms. Noyes's eligibility ceased, because he
26 "relied primarily on claimant's subjective complaints," because the
27 GAF Dr. Richardson assigned made it "seem[] unlikely she would be
28 able to care for her basic needs, a fact not evident in this

1 matter," and because it was "clear from the record that her
2 depression stemmed from a breakup of long-term relationship(s) with
3 a boyfriend(s)." Tr. 24-25.

4 The ALJ noted evidence from Ms. Burckhardt that Ms. Noyes was
5 "capable of work-related activities and, in fact, claimant had even
6 told her she was willing to return to work." Id. The ALJ noted that
7 these observations were made during the time that Ms. Noyes was
8 eligible for disability benefits. The ALJ concluded that during Ms.
9 Noyes's insured period, her alleged symptoms "only resulted in mild
10 limitations in [activities of daily living] and social functioning
11 and moderate limitations in concentration, persistence and pace."
12 Id. The ALJ found that while Ms. Noyes "did have a severe
13 adjustment disorder during her insured period, the evidence reveals
14 it was not so severe as to keep her from performing work-related
15 activities." Tr. 25. The ALJ rejected the opinions of the
16 treating rheumatologists, Doctors Gandlin and Deodhar, the treating
17 pain specialist, Dr. Klos, and the examining psychologist, Dr.
18 Richardson, relying instead on the opinions of the agency's non-
19 treating, non-examining physicians, Dr. Jensen, a physical medicine
20 specialist, Dr. Lahr, a pediatrician, and Dr. Wimmers, a
21 psychologist.

22 The ALJ found Ms. Noyes's testimony not "entirely credible."

23 The ALJ accepted the RFC findings of Doctors Jensen and Lahr
24 and concluded that Ms. Noyes was able to meet the exertional
25 demands of light work, with some limitations. He concluded that she
26 was able to return to her past relevant work of general office
27 clerk from April 1, 2000 through September 30, 2000, when she was
28 last insured for disability insurance benefits.

1 ///

2 **Standard of Review**

3 The court must affirm the Commissioner's decision if it is
4 based on proper legal standards and the findings are supported by
5 substantial evidence in the record. Meanel v. Apfel, 172 F.3d 1111,
6 1113 (9th Cir. 1999). Substantial evidence is such relevant evidence
7 as a reasonable mind might accept as adequate to support a
8 conclusion. Richardson v. Perales, 402 U.S. 389, 401 (1971);
9 Andrews v. Shalala, 53 F.3d 1035, 1039 (9th Cir. 1995). In
10 determining whether the Commissioner's findings are supported by
11 substantial evidence, the court must review the administrative
12 record as a whole, weighing both the evidence that supports and the
13 evidence that detracts from the Commissioner's conclusion. Reddick
14 v. Chater, 157 F.3d 715, 720 (9th Cir. 1998). However, the
15 Commissioner's decision must be upheld even if "the evidence is
16 susceptible to more than one rational interpretation." Andrews, 53
17 F.3d at 1039-40.

18 The initial burden of proving disability rests on the
19 claimant. Meanel, 172 F.3d at 1113; Johnson v. Shalala, 60 F.3d
20 1428, 1432 (9th Cir. 1995). To meet this burden, the claimant must
21 demonstrate an "inability to engage in any substantial gainful
22 activity by reason of any medically determinable physical or mental
23 impairment which ... has lasted or can be expected to last for a
24 continuous period of not less than 12 months[.]" 42 U.S.C. §
25 423(d) (1) (A).

26 A physical or mental impairment is "an impairment that results
27 from anatomical, physiological, or psychological abnormalities
28 which are demonstrable by medically acceptable clinical and

1 laboratory diagnostic techniques." 42 U.S.C. § 423(d)(3). This
2 means an impairment must be medically determinable before it is
3 considered disabling.

4 The Commissioner has established a five-step sequential
5 process for determining whether a person is disabled. Bowen v.
6 Yuckert, 482 U.S. 137, 140 (1987); 20 C.F.R. §§ 404.1520, 416.920.
7 In step one, the Commissioner determines whether the claimant has
8 engaged in any substantial gainful activity. 20 C.F.R. §§
9 404.1520(b), 416.920(b). If not, the Commissioner goes to step two,
10 to determine whether the claimant has a "medically severe
11 impairment or combination of impairments." Yuckert, 482 U.S. at
12 140-41; 20 C.F.R. §§ 404.1520(c), 416.920(c). If so, the claimant
13 is conclusively presumed disabled. Yuckert, 482 U.S. at 141. If
14 not, the Commissioner goes to step three.

15 In step three, the Commissioner determines whether the
16 impairment meets or equals "one of a number of listed impairments
17 that the [Commissioner] acknowledges are so severe as to preclude
18 substantial gainful activity." Yuckert, 482 U.S. at 140-41. If a
19 claimant's impairment meets or equals one of the listed
20 impairments, she is considered disabled without consideration of
21 her age, education or work experience. 20 C.F.R. s 404.1520(d),
22 416.920(d).

23 If the impairment is considered severe, but does not meet or
24 equal a listed impairment, the Commissioner considers, at step
25 four, whether the claimant can still perform "past relevant work."
26 20 C.F.R. §§ 404.1520(e), 416.920(e). If the claimant can do so,
27 she is not considered disabled. Yuckert, 482 U.S. at 141-42.

28 ///

Discussion

The issue presented by this case is whether Ms. Noyes has met her burden of proving disability between her alleged onset date, April 1, 2000, and her date last insured, September 30, 2000. She offers the following evidence:

The ALJ found, and the medical evidence demonstrates, that Ms. Noyes has had fibromyalgia,⁵ perhaps since 1995. In February 2000, Dr. Deodhar diagnosed osteoarthritis, depression, and possible irritable bowel syndrome as well as fibromyalgia. The diagnosis of osteoarthritis is uncontradicted. The diagnosis of irritable bowel syndrome was confirmed by a GI series. Tr. 233.

In April 2000, Dr. Klos's examination revealed that tests for assessing cervical pain were positive and 18 out of 18 tender points were positive. Dr. Klos diagnosed cervicalgia, degeneration of lumbar or lumbosacral intervertebral disc, and myofascial pain syndrome.

⁵ The symptoms of fibromyalgia are entirely subjective. Rollins v. Massanari, 261 F.3d 853, 855 (9th Cir. 2001). The disease is diagnosed entirely on the basis of patients' reports of pain and other symptoms. Benecke v. Barnhart, 379 F.3d 587, 590 (9th Cir. 2004). There are no laboratory tests for the presence or severity of fibromyalgia. Rollins, 261 F.3d at 855. The principal symptoms are "pain all over," fatigue, disturbed sleep, stiffness, and "the only symptom that discriminates between it and other diseases of a rheumatic character," multiple tender spots, more precisely, 18 fixed locations on the body, of which the patient must have at least 11 to be diagnosed with fibromyalgia. Id. See also Benecke, 379 F.3d at 590 (common symptoms of fibromyalgia include chronic pain throughout the body, multiple tender points, fatigue, stiffness, and a pattern of sleep disturbance that can exacerbate the cycle of pain and fatigue associated with the disease.)

1 In October 2000, Dr. Klos noted clinical evidence of
2 tendonitis in the left wrist and decreased range of motion of the
3 neck in all directions.

4 Ms. Noyes's testimony was that none of her pain medications
5 seemed to work, and that her pain levels had not improved since
6 April 2000.

7 The countervailing evidence, on which the ALJ relied, comes
8 from state agency reviewing physicians Jensen and Lahr.

9 Doctors Jensen and Lahr accepted the diagnoses of degenerative
10 disc disease, fibromyalgia, tendonitis of the left hand, and
11 irritable bowel syndrome. However, they thought Ms. Noyes's
12 complaints exceeded the actual severity of her impairments. In
13 their opinion, Ms. Noyes could lift 20 pounds occasionally and 10
14 pounds frequently, and could sit, stand, or walk for up to six
15 hours per eight-hour day. They noted postural limitations and a
16 need to avoid extreme cold, due to fibromyalgia and degenerative
17 disc disease, but no other limitations. The ALJ relied upon this
18 evidence to determine Ms. Noyes' residual functional capacity (RFC)
19 for the time at issue.

20 Ms. Noyes asserts that the ALJ's decision should be reversed,
21 and the case remanded for the payment of benefits, based on three
22 errors by the ALJ: 1) rejecting the opinions of treating physicians
23 Deodhar and Klos and the opinion of examining psychologist
24 Richardson; 2) rejecting her own testimony; and 3) posing an
25 incomplete hypothetical question to the VE.

- 26 1. Did the ALJ err in rejecting the opinions of the treating
27 physicians in favor of the opinions of the reviewing
28 physicians?

1 Title II's implementing regulations distinguish among the
2 opinions of three types of physicians: 1) those who treat the
3 claimant; 2) those who examine, but do not treat; and 3) those who
4 neither examine nor treat. Holohan v. Massanari, 246 F.3d 1195,
5 1201 (9th Cir. 2001); Lester v. Chater, 81 F.3d 821, 830 (9th Cir.
6 1996); 20 C.F.R. § 404.1527(d). Generally, a treating physician's
7 opinion carries more weight than an examining physician's and an
8 examining physician's opinion carries more weight than a reviewing
9 physician's. Holohan, 246 F.3d at 1202; Lester, 81 F.3d at 830; 20
10 C.F.R. § 404.1527(d). In addition, the regulations give more weight
11 to opinions that are explained than to those that are not, Holohan,
12 246 F.3d at 1202; 20 C.F.R. § 404.1527(d), and to the opinions of
13 specialists concerning matters relating to their specialty over
14 that of nonspecialists, id. and § 404.1527(d) (5).⁶

15 Under Social Security regulations, if a treating physician's
16 medical opinion is supported by medically acceptable diagnostic
17 techniques and is not inconsistent with other substantial evidence
18 in the record, the treating physician's opinion is given
19 controlling weight. Holohan, 246 F.3d at 1202; 20 C.F.R. §
20 404.1527(d) (2). An ALJ may rely on the medical opinion of a non-
21 treating doctor instead of the contrary opinion of a treating
22 doctor only if the ALJ provides "specific and legitimate" reasons
23 supported by substantial evidence in the record. Id. If a treating
24 physician's opinion on the issue of disability is controverted, the

26 ⁶ Rheumatology is the relevant specialty for fibromyalgia.
27 Benecke, 379 F.3d at n. 4. "Specialized knowledge may be
28 particularly important with respect to a disease such as
fibromyalgia that is poorly understood within much of the medical
community." Id.

1 ALJ must still provide "specific and legitimate" reasons in order
2 to reject the treating physician's opinion. Id.

3 It is readily apparent that under these standards, the
4 opinions of Doctors Jensen and Lahr, non-treating, non-examining
5 physicians opining on diagnoses outside their specialties, start
6 out being entitled to less weight than those of treating physicians
7 Gandlin and Deodhar, rheumatologists, and Dr. Klos, a pain
8 specialist. Several doctors commented on the need for records to
9 review, many of which were never obtained and are not part of the
10 record. While not clear, it appears Doctors Jensen and Lahr may
11 have had more complete records to review. Their opinions do not
12 make that clear.

13 The opinions of Doctors Jensen and Lahr are contradicted by
14 those of the treating physicians. Their findings with respect to
15 Ms. Noyes's ability to lift, sit, stand and walk are contradicted
16 by the November 2002 opinion of Dr. Klos that Ms. Noyes cannot lift
17 more than 10 pounds and must change position at least every 20
18 minutes. However, Dr. Klos expressed no conclusive opinion on Ms.
19 Noyes's functional capacity. He says he has not tested her in that
20 way. He recommends a full functional capacity evaluation and
21 acknowledges he does not do them. Tr. 248. He does express the
22 opinion that patients such as Ms. Noyes are often limited in the
23 kinds of jobs they can do. Tr. 247. After saying this, he ventures
24 into the area of functional capacity that he has acknowledged he
25 doesn't work in and says recommending that a chronic pain patient
26 return to work borders on official neglect. Id.

27 Doctors Jensen and Lahr's opinions on Ms. Noyes's physical
28 capacity are "check the box" findings with little supporting

1 explanation.⁷ See Holohan, 246 F.3d at 1207 (opinion of examining
2 physician who examined claimant only once, and a reviewing
3 physician who checked boxes without giving supporting explanations
4 were insufficient to outweigh the opinion of a treating physician
5 who cared for the claimant over a period of time and provided an
6 opinion supported by explanation and treatment records). See also
7 20 C.F.R. §§ 404.1527(d)(2), (3) (weight to be given to medical
8 opinions depends, among other things, on nature and length of
9 treatment relationship, supportability, consistency, and
10 specialization).

11 Doctors Jensen and Lahr checked a box to the effect that Ms.
12 Noyes's reported symptoms were disproportionate to her underlying
13 impairments. They cited to treatment notes dated May 2000 in which
14 she told Dr. Deodhar she had walked on the beach and attended yoga,
15 occupational therapy, and physical therapy classes, and to a
16 questionnaire dated March 16, 2000, in which Ms. Noyes said that
17 for the previous week, she was able occasionally to do laundry,
18 vacuum a rug, prepare meals, and make beds, and able "most times"
19 to do shopping, wash dishes by hand, walk several blocks, and visit
20 friends or relatives, see tr. 193. Other notes in the record do
21 support these statements.

22 There is no information in the record about the levels of
23 exertion required for the yoga or therapy classes Ms. Noyes
24 attended, the frequency of the classes, or the length of time she
25 attended them. The questions on the March 16, 2000 questionnaire
26 are limited to a single week. And finally, Doctors Jensen and Lahr

27
28 ⁷ What there is appears at Tr. 231-33.

1 failed to note that on that March 16, 2000 questionnaire, Ms. Noyes
2 stated that during the same period of time for which she recorded
3 various activities, she had been in very severe pain, very tired,
4 very stiff, very anxious, and very depressed. Tr. 193.

5 I conclude that the ALJ failed to give the medical evidence
6 its proper weight, failed to provide specific and legitimate
7 reasons for rejecting the opinions of the treating physicians.
8 However, the treating doctors' opinions do not establish Ms.
9 Noyes's residual functional capacity.

10 2. ALJ's rejection of Dr. Richardson's opinions

11 The ALJ rejected Dr. Richardson's diagnoses of major
12 depressive disorder, anxiety disorder, and pain disorder. The ALJ
13 also rejected Dr. Richardson's conclusion that Ms. Noyes's level of
14 mood disturbance appeared severe enough to interfere with work, and
15 his findings that Ms. Noyes had moderate restrictions in social
16 functioning, and frequent episodes of deterioration in work and
17 work-like settings. The ALJ accepted the opinion of non-treating,
18 non-examining psychologist Dick Wimmers, Ph.D. and the opinion of
19 Ms. Burckhardt that Ms. Noyes was capable of work-related
20 activities. On the basis of these opinions, the ALJ found that Ms.
21 Noyes's alleged symptoms during her insured period resulted in no
22 more than mild limitations.

23 a. Dr. Wimmer's opinion

24 The ALJ is entitled to accept such a reviewing doctor's
25 opinion over that of a treating or examining provider so long as
26 the ALJ provides "specific and legitimate" reasons supported by
27 substantial evidence in the record.

28 Dr. Wimmer's opinion consists of an "X" in a box labeled

1 "Affective Disorders" and the handwritten notation, "adjustment d/o
2 with mixed emotional features." His opinion is not supported by
3 reference to treatment notes, diagnostic tests, or clinical
4 evaluations. His opinion is unexplained. These factors give the
5 opinion very minimal evidentiary weight.

6 An analysis of the ALJ's stated reasons for rejecting Dr.
7 Richardson's evaluation in favor of Dr. Wimmer's opinion are 1)
8 "[a]lthough the claimant has reported several hospitalizations, as
9 well as treatment with several counselors, there is very little
10 evidence in this record of her seeking treatment;" 2) Dr.
11 Richardson's opinions were rendered a year after Ms. Noyes's
12 benefits eligibility ceased; 3) Dr. Richardson "relied primarily on
13 claimant's subjective complaints;" 4) Dr. Richardson's assigned GAF
14 of 30 seemed improbable; and 5) "it is clear from the record" that
15 Ms. Noyes's depression stemmed from the breakup of a long-term
16 relationship or relationships. Additionally, the ALJ rejected the
17 March 2002 (some 18 months after Ms. Noyes's date last insured)
18 statement of psychiatric nurse Munger that Ms. Noyes was unable to
19 work because of chronic depression, in favor of evidence from Ms.
20 Burckhardt, who evaluated and treated Ms. Noyes before and after
21 her date last insured on a referral from another treating doctor,
22 Dr. Deodhar. Ms. Burckhardt stated in February 2001 that Ms. Noyes
23 was capable of work-related activities and had even said she was
24 willing to return to work.

25 The ALJ's statement that there was "little evidence" of
26 psychological treatment is puzzling. On one hand, most of the
27 treatment mentioned in the record is undocumented by actual
28

1 records, and its source is only the reports of Ms. Noyes.⁸ On the
2 other hand, the record does show concerns by physicians about her
3 psychological condition, referrals for treatment, and some
4 counseling being given to her. The record documents that she had
5 been treated with various antidepressant medications and counseled
6 by Ms. Burckhardt from March 2000 until February 2001 and by Ms.
7 Munger from December 2001 forward.

8 The ALJ's finding that Dr. Richardson's evaluation occurred
9 a year after Ms. Noyes's benefits eligibility ceased is factually
10 accurate. Dr. Richardson's conclusions about the probable onset and
11 duration of Ms. Noyes's psychiatric impairments are entitled to
12 little weight, since he saw her only once. However, Dr. Wimmer's
13 conclusions about the duration of Ms. Noyes's psychiatric
14 impairments are not entitled to much weight either. Both
15 psychologists relied on Ms. Noyes's limited records and her
16 reported history, undocumented by records, for their conclusions
17 about the duration of her symptoms and their severity between April
18 and September 2000. Dr. Richardson's opinions were supported by a
19 developmental, educational, employment, medical, and substance
20 abuse history from Ms. Noyes herself, in addition to the records,
21 which repeat her reports to others, and psychological testing
22 results. Dr. Wimmer's opinions were not supported by an in-person
23 interview or testing.

24 The ALJ's finding that Dr. Richardson "relied primarily on
25 claimant's subjective complaints" is not accurate. The evaluation
26 shows that Dr. Richardson also relied on factors such as his own

28 ⁸ See history given to Ms. Rowland.

1 clinical observations and the results of psychological testing,
2 which were found to be valid.

3 The ALJ rejected Dr. Richardson's assigned GAF of 30 because
4 it seemed improbable and opined that it was "clear from the record"
5 that Ms. Noyes's depression stemmed from the breakup of a long-term
6 relationship or relationships. While that is one possible
7 conclusion to reach, others more favorable to Ms. Noyes are
8 suggested by the evidence as well.

9 Ms. Noyes's reported history shows a number of other
10 precipitating psychological and situational factors, including
11 frequently-absent parents, verbal abuse by her mother, estrangement
12 from her mother during adulthood, problems with learning in school,
13 conflict between her parents during childhood, two failed
14 marriages, the death of father, grandfather, and grandmother who
15 were, according to Ms. Burckhardt's treatment notes, "parents to
16 her," the death of her son in a car accident, and the moving away
17 of a daughter who was "very close," see Tr. 190. It is worth noting
18 that not only did these potential precipitating events occur over
19 several years, but her reportedly worst episodes were well in the
20 past with no record developed to support the treatment. The record
21 here cries out for better development of Ms. Noyes's psychological
22 problems and treatment over time. A history of four
23 hospitalizations, three within this state, and years of treatment
24 and complaints, with no records to document the history leaves
25 nearly everyone in the position of a reviewing doctor, with no
26 records to review, only plaintiff's oral history. The ALJ should
27 develop this record to either support his conclusions or Ms.
28 Noyes's contentions. Remand is appropriate.

1 b. Carol Burckhardt's opinion

2 The ALJ relied on the opinion of nurse practitioner Burckhardt
3 that Ms. Noyes was capable of work-related activities. Social
4 Security regulations which govern the weight to be accorded to
5 medical opinions provide that nurses and nurse practitioners are
6 not "acceptable medical sources." See Gomez v. Chater, 74 F.3d 967
7 (9th Cir. 1996). I know of no case addressing this issue where the
8 nurse practitioner has obtained a Ph.D. that, coupled with the
9 referral to her by Dr. Deodhar, a specialist in rheumatology for
10 mental health issues, entitles her opinions to more weight than
11 usual. Nonetheless, remand for record development is appropriate
12 here.

13 2. ALJ's rejection of Ms. Noyes's testimony

14 The ALJ is responsible for determining credibility and for
15 resolving conflicts in medical testimony. Andrews, 53 F.3d at 1039.
16 However, the ALJ's findings must be supported by specific, cogent
17 reasons. Reddick, 157 F.3d at 722. Unless there is affirmative
18 evidence showing that the claimant is malingering, the
19 Commissioner's reasons for rejecting the claimant's testimony must
20 be "clear and convincing." Id. The ALJ must identify what testimony
21 is not credible and what evidence undermines the claimant's
22 complaints. Id. The evidence upon which the ALJ relies must be
23 substantial. Id. at 724. See also Holohan, 246 F.3d at 1208 (same).

24 The ALJ discounted Ms. Noyes's testimony because 1) her
25 statements were not entirely credible "in light of the medical and
26 treatment reports of record;" 2) there were "several references in
27 the record" indicating that Ms. Noyes was looking for work and
28 willing to work, such as her statement to Ms. Burckhardt in October

1 2000 that she had been doing temp agency testing was worried about
2 finding a job, and that she was able to motivate herself to job
3 hunt; her statement on October 23, 2000, that she had been working
4 with Vocational Rehabilitation in an effort to find work and had
5 applied at temporary agencies; Dr. Klos's statement that "although
6 she reported having a lot of pain, she was still looking for work;"
7 and Ms. Noyes's statement on April 24, 2001, that she had started
8 a job doing payroll and bookkeeping, working 16 hours a week; 3) a
9 treatment note from Dr. Klos in July 2000 indicated that Ms. Noyes
10 had gone to Hawaii to house-sit for five weeks and had other
11 evidence of her daily activities in Hawaii; and 4) a vocational
12 progress report dated March 2001 that Ms. Noyes was "being
13 selective" about the types of jobs for which she was willing to
14 apply, because she was seeking part time work for approximately 30
15 hours a week. Tr. 74.

16 Findings based on the record as a whole, or the record in
17 general, are insufficient to support an adverse credibility
18 determination. See, e.g., Reddick 157 F.3d at 722; Holohan, 246
19 F.3d at 1208. The ALJ's finding 1) above that Ms. Noyes is not
20 entirely credible "in light of the medical and treatment reports of
21 record" is inadequate.

22 Ms. Noyes' statements that she was looking for part-time work,
23 that she was willing to work part-time, or that she was attempting
24 to work part-time do not constitute admissions that she is able to
25 work full-time. However, they are seemingly inconsistent with her
26 claimed level of disability.

27 The ALJ also based his credibility findings on a statement
28 made in a report from Workplace Dynamics, on March 30, 2001, in

1 which the consultant said the following:

2 Michelle is being selective about the types of jobs for
3 which she is willing to apply. She is seeking part-time,
4 approximately 30 hours a week, and would like to work in
a creative artistic environment and preferably would like
to earn a minimum of \$10.00 per hour.

5 Tr. 74. This statement is rather ambiguous, and could be
6 interpreted to mean that Ms. Noyes is simply expressing personal
7 preferences, or that she would refuse to work at a job that did not
8 meet these requirements. If the ALJ inferred that Ms. Noyes was
9 unwilling to work, that inference is not supported by the other
10 evidence from Workplace Dynamics. It shows that during the six
11 weeks that Ms. Noyes used Workplace Dynamics' services, she applied
12 for jobs as a floral designer, a receptionist at a chiropractic
13 clinic, and an at-home data entry person, and that she worked for
14 Goodwill as a typist, in a clerical position for National Relief
15 Charities, and as a film extra.

16 The ALJ disbelieved Ms. Noyes's testimony because of evidence
17 that she house-sat in Hawaii for five weeks, Tr. 199, and walked on
18 the beach for exercise. However, this evidence is insufficient to
19 meet the requisite clear and convincing standard.

20 The issue before the ALJ was whether the evidence of Ms.
21 Noyes's daily activities indicated a frequency, duration, and level
22 of physical exertion that contradicted her testimony.
23 Unfortunately, the record does not contain sufficient detail on
24 these tasks to enable the ALJ or the court to determine that Ms.
25 Noyes's level of activity clearly and convincingly contradicted her
26 testimony. There is no indication that house-sitting required Ms.
27 Noyes to engage in significant daily exertion. Ms. Noyes testified
28 at the hearing that her walks on the beach were less than half a

1 mile, and perhaps less than a quarter mile. See tr. 305. The
2 evidence does not reveal the kind of yoga Ms. Noyes was doing or
3 the frequency with which she did it, whether she was doing small or
4 large loads of laundry, at home or in a laundromat, vacuuming an
5 entire house or a few rooms, shopping for hours at a time or for
6 short periods. Since I am recommending remand, it would be
7 appropriate to obtain some of these details.

8 I conclude that the ALJ's credibility findings are troubling.
9 They should be reevaluated with the more fully developed record on
10 remand.

11 3. Did ALJ err by failing to include all of Ms. Noyes's
12 impairments in the hypothetical question to the VE?

13 The testimony of a VE is valuable only to the extent that the
14 hypothetical question posed by the ALJ accurately depicts the
15 claimant's individual physical and mental impairments. Irwin v.
16 Shalala, 840 F. Supp. 751 (D. Or. 1993). When the hypothetical is
17 incomplete, the VE's testimony does not constitute competent
18 evidence to support a finding that the claimant can do the jobs
19 described by the VE. Nguyen v. Chater, 100 F.3d 1462, 1466, n. 3.
20 (9th Cir. 1996); Varney v. Secretary, 846 F.2d 581, 585 (9th Cir.
21 1988) (vocational expert's response to incomplete hypothetical has
22 "no evidentiary value").

23 The ALJ must propose a hypothetical to the VE that is based on
24 medical assumptions supported by substantial evidence reflecting
25 each of the claimant's limitations. Osenbrock v. Apfel, 240 F.3d
26 1157, 1163 (9th Cir. 2001).

27 The ALJ specifically found that Ms. Noyes had fibromyalgia and
28 osteoarthritis. These are conditions whose symptoms include pain,

1 and there is substantial evidence in the record that Ms. Noyes
2 experiences pain from them. However, the ALJ's hypothetical to the
3 VE took no account of pain, particularly the pain and restricted
4 range of motion that Dr. Klos found in Ms. Noyes's cervical spine.
5 See Cooper v. Sullivan, 880 F.2d 1152, 1158 n. 13 (9th Cir.
6 1989) (VE's testimony does not constitute substantial evidence to
7 support ALJ's determination on claimant's disability status unless
8 it accurately reflects all of the claimant's limitations, including
9 pain); Russell v. Sullivan, 930 F.2d 1443 (9th Cir.
10 1991) (hypothetical to VE which failed to mention claimant's
11 testimony that physical pain prevented him from sitting forward for
12 more than 20 minutes at a time, and uncontroverted opinion of
13 claimant's treating doctors that he could not sit for long periods,
14 deprived VE's testimony of any evidentiary value).

15 The symptoms of fibromyalgia include fatigue, but the ALJ also
16 neglected to include this impairment in the hypothetical to the VE.

17 The ALJ specifically found that Ms. Noyes had moderate
18 limitations in concentration. Tr. 25. Because the ALJ's more
19 restricted hypothetical to the VE did not include the limitation of
20 moderately impaired ability to concentrate, the VE's opinion in
21 response lacks evidentiary value.

22 The VE's testimony is insufficient to support the ALJ's
23 finding that Ms. Noyes could return to her past relevant work as a
24 general office clerk. On the properly developed record on remand,
25 an appropriate question must be posed to the VE.

26 4. Should the court remand for the payment of benefits?

27 Sentence four and sentence six of 42 U.S.C. § 405(g) provide:

28 The court shall have the power to enter, upon the

1 pleadings and transcript of the record, a judgment
2 affirming, modifying, or reversing the decision of the
3 Secretary, with or without remanding the cause for a
4 rehearing...

5 The court may, on motion of the Secretary made for good
6 cause shown before he files his answer, remand the case
7 to the Secretary for further action by the Secretary, and
8 it may at any time order additional evidence to be taken
9 before the Secretary, but only upon a showing that there
10 is new evidence which is material and that there is good
cause for the failure to incorporate such evidence into
the record in a prior proceeding; and the Secretary
shall, after the case is remanded, and after hearing such
additional evidence if so ordered, modify or affirm his
findings of fact or his decision, or both, and shall file
with the court any such additional and modified findings
of fact and decision, and a transcript of the additional
record and testimony upon which his action in modifying
or affirming was based.

11 In Melkonyan v. Sullivan, 501 U.S. 89, 101-03 (1991), the Supreme
12 Court held that sentences four and six prescribe the only two kinds
13 of remands allowed under section 405(g). In a sentence four remand,
14 the court rules on whether the Secretary properly considered the
15 claimant's application for benefits. Flores v. Shalala, 49 F.3d
16 562, 568 (9th Cir. 1995). Under sentence six, by contrast, the court
17 may remand without making a determination as to the "correctness of
18 the Secretary's decision." Id., quoting Melkonyan, 501 U.S. at 100.

19 _____The decision whether to remand for further proceedings turns
20 upon the likely utility of such proceedings. Harman, 211 F.3d at
21 1179. Whether to remand under sentence four is a matter of judicial
22 discretion. Id. at 1177. A remand for further proceedings is
23 unnecessary if the record is fully developed and it is clear from
24 the record that the ALJ would be required to award benefits.
25 Holohan, 246 F.3d at 1210. The rule recognizes "the importance of
26 expediting disability claims." Holohan, 246 F.3d at 1210. In cases
27 in which it is evident from the record that benefits should be
28 awarded, remanding for further proceedings would needlessly delay

1 effectuating the primary purpose of the Social Security Act-i.e.,
2 to give financial assistance to disabled persons because they
3 cannot sustain themselves. Id.

4 In Smolen, 80 F.3d at 1292, the court held that improperly
5 rejected evidence should be credited and an immediate award of
6 benefits be made when: 1) the ALJ has failed to provide legally
7 sufficient reasons for rejecting such evidence, 2) there are no
8 outstanding issues that must be resolved before a determination of
9 disability can be made, and 3) it is clear from the record that the
10 ALJ would be required to find the claimant disabled were such
11 evidence credited.

12 If the Smolen test is satisfied, then remand for payment of
13 benefits is warranted regardless of whether the ALJ *might* have
14 articulated a justification for rejecting evidence that was
15 improperly rejected. Harman, 211 F.3d at 1173 (emphasis in
16 original). See also Benecke, 379 F.3d at 595 (applying the three
17 factors and also holding that in the unusual case in which it is
18 clear from the record that the claimant is unable to perform
19 gainful employment in the national economy, even though the
20 vocational expert did not address the precise work limitations
21 established by the improperly discredited testimony, remand for an
22 immediate award of benefits is appropriate).

23 I conclude that the Smolen test is not satisfied in this case.
24 I recommend remanding the case for the development of a proper
25 record and decision by the ALJ.

26 **Scheduling Order**

27 The above Findings and Recommendation will be referred to a
28 United States District Judge for review. Objections, if any, are

1 due March 11, 2005. If no objections are filed, review of the
2 Findings and Recommendation will go under advisement on that date.
3 If objections are filed, a response to the objections is due March
4 25, 2005, and the review of the Findings and Recommendation will go
5 under advisement on that date.

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7 Dated this 25th day of February 2005.

8
9 /s/ Dennis J. Hubel

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11 Dennis J. Hubel
12 United States Magistrate Judge
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